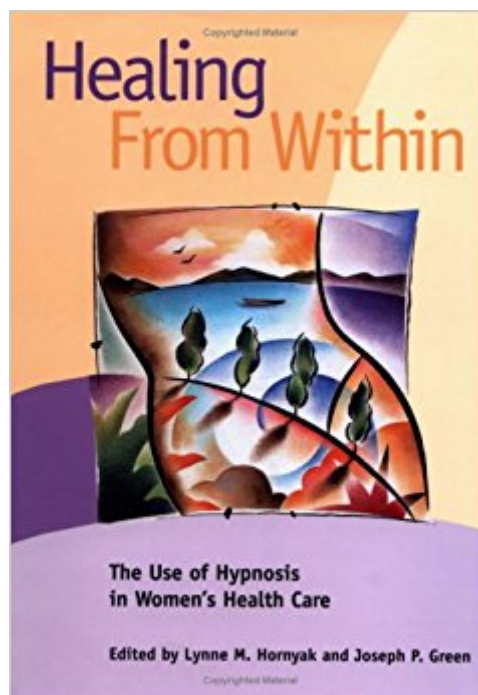




**Ebook Directory**  
the best source of ebook

The book was found

# Healing From Within: The Use Of Hypnosis In Women's Health Care (Dissociation, Trauma, Memory, And Hypnosis Book Series)



## Synopsis

This volume presents a guide on how to use hypnosis and guided imagery to enhance women's health. Written by experienced clinicians and distinguished researchers, each chapter focuses on a disease, disorder or life-stage challenge, identifying essential clinical issues and detailing appropriate hypnotic interventions. These techniques address the interrelated psychosocial and medical determinants of illness and are used to complement and enhance ongoing clinical treatments. Areas covered include breast and gynaecological cancer, cardiac disorders, body image concerns in physical illness, chronic pelvic pain, childbirth preparation and delivery, infertility and pregnancy loss, menopause, anxiety, eating disorders and smoking.

## Book Information

Series: Dissociation, Trauma, Memory, and Hypnosis Book Series

Hardcover: 285 pages

Publisher: American Psychological Association (APA); 1 edition (January 2000)

Language: English

ISBN-10: 1557986479

ISBN-13: 978-1557986474

Product Dimensions: 10.3 x 7.3 x 1 inches

Shipping Weight: 2.1 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,226,096 in Books (See Top 100 in Books) #110 in [Books > Health, Fitness & Dieting > Alternative Medicine > Hypnotherapy](#) #1007 in [Books > Health, Fitness & Dieting > Mental Health > Compulsive Behavior](#) #2896 in [Books > Health, Fitness & Dieting > Women's Health > General](#)

[Download to continue reading...](#)

Healing from Within: The Use of Hypnosis in Women's Health Care (Dissociation, Trauma, Memory, and Hypnosis Book Series) Trauma Surgery: Volume 1: Trauma Management, Trauma Critical Care, Orthopaedic Trauma and Neuro-Trauma Memory Exercises: Memory Exercises Unleashed: Top 12 Memory Exercises To Remember Work And Life In 24 Hours With The Definitive Memory Exercises Guide! (memory exercises, memory, brain training) Memory Training: Train your brain to improve your memory (Unlimited Memory, Mental Health, Memory Techniques, Education & Reference, Study Skills, Memory Improvement Book 1) CAT CARE: BEGINNERS GUIDE TO KITTEN CARE AND TRAINING TIPS (Cat care, cat care books, cat care manual, cat care products,

cat care kit, cat care supplies) Healing the Heart of Trauma and Dissociation with EMDR and Ego State Therapy The Child Survivor: Healing Developmental Trauma and Dissociation Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Memory Repair Protocol - Improve Your Memory: Powerful Strategies To Enhance Your Memory - The Ultimate Guide to Unleash Your Brain's Potential (memory loss Book 1) Better Memory Now: Memory Training Tips to Creatively Learn Anything Quickly, Improve Memory, & Ability to Focus for Students, Professionals, and Everyone Else who wants Memory Improvement Memory: Boost Your Memory with Easy Exercises - Improve Your Mental Focus in Everyday Life (FREE BONUS INCLUDED) (Improve memory, improving memory, remembering more, productivity improvement) Coping with Trauma-Related Dissociation: Skills Training for Patients and Therapists (Norton Series on Interpersonal Neurobiology) Treating Trauma-Related Dissociation: A Practical, Integrative Approach (Norton Series on Interpersonal Neurobiology) Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) Looking Through the Eyes of Trauma and Dissociation: An illustrated guide for EMDR therapists and clients EMDR Therapy and Adjunct Approaches with Children: Complex Trauma, Attachment, and Dissociation Trauma, Dissociation and Multiplicity: Working on Identity and Selves Treating Complex Trauma and Dissociation: A Practical Guide to Navigating Therapeutic Challenges The Body Bears the Burden: Trauma, Dissociation, and Disease How to Improve Your Memory and Remember Anything: Flash Cards, Memory Palaces, Mnemonics (50+ Powerful Hacks for Amazing Memory Improvement) (The Learning Development Book Series 7)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)